

# POST CONCUSSION SYMPTOMS SCALE

	None 0	1	Mild 2	3	Moderate 4	5	Severe 6
<b>SYMPTOMS</b>	<b>SEVERITY RATING</b>						
	<b>DATE</b>	<b>DATE</b>	<b>DATE</b>	<b>DATE</b>	<b>DATE</b>	<b>DATE</b>	<b>DATE</b>
Headache							
“Pressure in head”							
Neck Pain							
Nausea or Vomiting							
Dizziness							
Blurred vision							
Balance Problems							
Sensitivity to light							
Sensitivity to noise							
Feeling slowed down							
Feeling like “in a fog”							
“Don’t feel right”							
Difficulty concentrating							
Difficulty remembering							
Fatigue of low energy							
Confusion							
Drowsiness							
Trouble falling asleep							
More emotional							
Irritability							
Sadness							
Nervous or Anxious							
Other:							
Athlete’s Initials							
Parent’s Initials							

**Notes:**